Poyner Spruill^{^{uv}}

Robert Meyer

PARTNER

t: 704.342.5347 f:704.342.5264

Robert represents employers in all aspects of labor and employment, including litigation of cases before federal courts and administrative agencies, and day-to-day advice and counsel.



"Employers face many challenges in today's legal landscape. My practice is devoted to helping employers identify and develop the most practical solutions to those challenges."

BIOGRAPHY

Robert's practice focuses on the representation of management in multiple areas of labor and employment law, including Title VII of the Civil Rights Act of 1964, the Americans with Disabilities Act, the Family and Medical Leave Act, the Age Discrimination in Employment Act, the Fair Labor Standards Act, and the National Labor Relations Act. He has defended corporate clients in cases pending before Federal and state courts, as well as the EEOC, Department of Labor, and other federal and state administrative agencies. He also regularly advises management on a wide range of employment issues, including EEO compliance, investigation of complaints, employee leaves of absence, employee handbooks, FLSA classification, wage payment, and employment contracts.

AREAS OF FOCUS

EMPLOYMENT

• Provides advice and counsel to management on all aspects of employment law, including hiring and firing, discipline, training, EEO compliance, leaves of absence, investigations, wage and hour, FLSA classification, employment contracts, severance agreements, and employee handbooks.

EMPLOYMENT LITIGATION

- Represents and defends employers in employment litigation pending before federal and state courts
- Represents and defends employers regarding charges and complains of discrimination, harassment, and retaliation pending before the Equal Employment Opportunity Commission, US Department of Labor, National Labor Relations Board, and other federal and state administrative agencies

CREDENTIALS

EDUCATION

Cumberland School of Law, JD, 1993 University of the South, BA, 1986

NOTABLE ACCOMPLISHMENTS

Recognized in The Best Lawyers in America® (Labor Law – Management) 2023-2025; (Employment Law-Management) 2024-2025; (Litigation – Labor and Employment) 2025

PROFESSIONAL & COMMUNITY ACTIVITIES

Susan G. Komen Charlotte, Board of Directors, 2016-present North Carolina Bar Association Mecklenburg County Bar Association American Corporate Counsel Association